

AVP SYDNEY T4F WORKSHOP AGENDA 1 (2½ days)

The Practice Teams are formed before the workshop starts & used throughout the workshop

SESSION 1 DAY 1 COMMUNITY BUILDING & INTRODUCTION TO FACILITATORS

1. Practice Team Check-in (*team formation before the workshop starts*)
2. Welcome & Introduction to Facilitators
3. Gathering: My name & why I am inspired to be a facilitator
4. Opening Talk Part 1 : Introduction to T4F workshop and First Session Agenda
5. Affirmation Names
6. Opening Talk Part 2 : What is the T4F
7. L&L : Big Wind Blows
8. Facilitation and Listening Pair Share (Restorative Listening)
9. Brainstorm Practice
10. Building Teams
11. Introduction to the AVP Basic Manual
12. Facilitators' Team Debrief in a Fishbowl
13. Session Reflection
14. Closing: Group Sculpture: Facilitation skills

SESSION 2 DAY 2 PREPARATION AND PRESENTATION

1. Welcome Stretch & Agenda
2. Gathering: An aspect of myself I want to develop through AVP facilitation
3. Styles of Feedback
4. Team Preparation
5. Team 1 Presentation & Team Fishbowl & Coaching Feedback
6. Session Reflection
7. Closing [Team 3]

SESSION 3 PRESENTATION

1. Welcome Back & Agenda [Team 1]
2. Team 2 Presentation & Team Fishbowl & Coaching Feedback
3. Team 3 Presentation & Team Fishbowl & Coaching Feedback
4. Processing Questions: Open, Closed and Directed
5. Session Reflection
6. Closing [Team 2]

SESSION 4 DAY 3 TRANSFORMING POWER & ROLE PLAY

1. Welcome Stretch [Team 2]
2. Agenda
3. Gathering: Something I have learnt in my role as a facilitator in an AVP team
4. Transforming Power Presentations
5. Role Play Debriefing Practice Team A
6. L&L [Team 3]
7. Role Play Debriefing Practice Team B
8. L&L [Team 1]
9. Session Reflection
10. Closing [Team 2]

SESSION 5 REFLECTION & UNGATHERING

1. Welcome Back & Agenda
2. Gathering: Something that surprised me about me during my facilitation was
3. ----- (*select activity to meet group need*)
4. Acknowledgement Poster or trust activity
5. Practice Team Debrief and Farewell
6. Written Workshop Evaluation
7. Unanswered Questions
8. Ungathering: Something I am taking away from this workshop and how I will take care of this
9. Where To From Here
10. Graduation
11. Closing
12. Community Clean Up